

**Cancer Services of New Mexico's Fall 2011 Family Cancer Retreat**  
**Friday, September 16 – Sunday, September 18, 2011**  
**Agenda**

*Supervised activities for children and teens will be provided during the following times:*

- Saturday - 8:00am-12:15pm and 1:45pm-4:15pm
- Sunday - 8:00am-noon

*Please stop by the Kids' Program Room (Patio/Chapel 10-14) for more information*

*Please visit our Exhibit Areas in Patio/Chapel 1-4 and 20-23 throughout the weekend!*

*Counselors and a Dietician will be available during the program. For more information, please ask our volunteers.*

**Friday, September 16**

- 4:00-6:00pm      Registration (Program Office, New Mexico Hall)
- 4:00-5:30        Welcome Receptions (Chaparral Lobby/Texas Main Lobby)
- 5:30-7:00        Dinner & Introductions (Glorieta Dining Hall – East Dining Room)  
*Sponsored by the Northern New Mexico Health Grants Group*  
**BUFFET LINE CLOSSES AT 6:30p.m.**  
Entertainment provided by the Rasinski Family
- 7:30-9:00        After-Dinner Activities (*participants will have the opportunity to participate in all activities*)
- General Exhibit Room (Patio/Chapel 1-4)
  - Community Resource Exhibit Room (Patio/Chapel 20-23)
  - "Community Rhythms!" Drumming Circle (Patio/Chapel 24-25)  
*Facilitated by Carla Haynes and Gina Rasinski, MA – Music Instructors*
  - Creative Expression Workshop (Patio/Chapel 16-19)  
*Facilitated by Blair Shepard, LMHC – Art Therapist*
- 9:00-10:00      Social Time (Chuckwagon)

**Saturday, September 17**

- 7:00-8:00am      Breakfast (Glorieta Dining Hall – East Dining Room)
- 8:15-8:25        Welcoming Remarks (Chapel)  
*Blaire Larson – Cancer Services of New Mexico*
- 8:25-9:00        "Cancer 101" (Chapel)  
*Michele Suina – UNM Cancer Ctr, Native American Cancer Education & Outreach Program*
- 9:00-9:15        Break
- 9:15-9:50        *Simultaneous breakout sessions (participants will have the opportunity to hear both topics)*  
and  
9:55-10:30        (Blue Group – Patio/Chapel 24-25; Yellow and Green Groups – Patio/Chapel 16-19)
- New Developments in Cancer Treatment  
*Julie Bauman, MD, MPH – UNM Cancer Center*
  - Finding the Best Treatment/Clinical Trial  
*Michael Magee, MD, FACP – NM Oncology Hematology Consultants*
- 10:30-10:45      Break

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**Saturday, September 17 (cont'd)**

10:45am-12:15pm      *"Ask the Oncologist" Panels – Three simultaneous Q&A sessions with New Mexico's leading cancer specialists*  
*Sponsored by Astellas Pharma*

*Breast & Gynecological Tumors (Blue Group – Patio/Chapel 24-25)*

*Moderator: Carolyn Muller, MD – UNM Cancer Center*

*Panelists: Annette Fontaine, MD – NM Oncology Hematology Consultants*  
*Gregg Franklin, MD, PhD – NM Oncology Hematology Consultants*  
*Linda Ann Smith, MD, FACS – Private Practice Breast Surgeon*

*Prostate, Gastrointestinal, and Genitourinary Tumors (Yellow Group – Patio/Chapel 16-19)*

*Moderator: Ramesh Gopal, MD, PhD – MD Anderson Cancer Ctr at Presbyterian*

*Panelists: Fa-Chyi Lee, MD – UNM Cancer Center*  
*Timothy Lopez, MD – Cancer Institute of New Mexico*  
*Lorraine Sanchez, MD – Hematology-Oncology Associates*

*Hematologic and Other Tumors (Green Group – Patio/Chapel 9)*

*Moderator: Thomas Schroeder, MD – UNM Department of Radiation Oncology*

*Panelists: Julie Bauman, MD, MPH – UNM Cancer Center*  
*Michael Magee, MD, FACP – NM Oncology Hematology Consultants*  
*Kenneth Smith, MD – Presbyterian Healthcare Services*

12:15-2:00      Lunch (Glorieta Dining Hall – East Dining Room)  
*BUFFET LINE CLOSSES AT 1:30p.m.*  
*Note: Group Picture will be taken in the Chapel just prior to lunch*

2:00-2:35      *Concurrent Breakout Sessions (participants will choose two)*

and  
2:40-3:15

*Sessions offered from 2:00-2:35pm*

- *Talking with Kids About Cancer (Patio/Chapel 9)*  
*Louise Adelstone, LPCC – Counselor*
- *Pain Management, Palliative Care, and Hospice Services (Patio/Chapel 15)*  
*Devon Neale, MD – UNM Department of Internal Medicine*
- *Screening & Detection Guidelines for Cancer Survivors (Patio/Chapel 16-19)*  
*Annette Fontaine, MD – NM Oncology Hematology Consultants*

*Sessions offered from 2:40-3:15pm*

- *Cancer Information: From Questions to Answers (Patio/Chapel 9)*  
*Patricia Bradley, MLS, AHIP – UNM Health Sciences Library & Informatics Center*
- *Genetic Testing: What Does it Really Tell You? (Patio/Chapel 15)*  
*Lori Ballinger, MS, CGC, Licensed Genetic Counselor – UNM Cancer Center*
- *Coping with Treatment-Related Side Effects (Patio/Chapel 16-19)*  
*Lorraine Sanchez, MD – Hematology-Oncology Associates*

*Session offered during the entire 2:00-3:15pm period*

- *Integrating Complementary & Traditional Cancer Therapies (Patio/Chapel 24-25)*  
*Sally Fisher, MD, MS, and Rebecca Rodriguez, DOM, MPH – UNM Center For Life*

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- 3:15-3:30pm Break
- 3:30-4:15 You've Completed Treatment...Now What? (Chapel)  
*Dorine Conley – NM Department of Health Cancer Prevention & Control Section*
- 4:15-5:30 Rest and Relaxation Time – Activities include:
- Journaling/Writing Group (Patio/Chapel 6) - **limited to 20 participants**  
*Anjanette Cureton, PsyD – UNM Cancer Center*  
*Eleanor Schick, Writer*
  - Visual Arts Workshop (Patio/Chapel 10-14) - **limited to 20 participants**  
*Linney Wix, PhD, LPAT, ATR-BC – UNM Art Education Program*
  - Legal, Insurance, & Paperwork Assistance (LIPA) Clinic (Patio/Chapel 15)  
*CSNM LIPA Program Volunteers*
  - Yoga for Happiness and Healing (Patio/Chapel 24-25) – **session ends at 5:15p.m.**  
*Gail Rubin – Yoga Instructor*
- 5:30-8:00 Volunteer & Supporter Acknowledgment Dinner (Glorieta Dining Hall – East Dining Room)  
*Sponsored by the United Way of Central New Mexico*  
**BUFFET LINE CLOSSES AT 6:30p.m.**  
Entertainment provided by *Holy Water and Whiskey*
- 8:00-10:00 Social Time & Games (Chuckwagon)  
*Music by Jennifer Robin – Vocalist/Guitarist*

**Sunday, September 18**

- 7:00-8:00am Breakfast (Glorieta Dining Hall – East Dining Room)
- 8:15-9:30 *Simultaneous breakout sessions (participants will choose one)*
- Mindfulness Meditation for Health, Healing and Stress Reduction (Patio/Chapel 16-19)  
*Michelle DuVal, MA – The Mindful Center*
  - Worship Service (Chapel)  
*Rev. Ken Robinson and Addie Robinson – Worship Leaders*  
*Myra Green – Soloist*
  - Peaceful Yoga (Patio/Chapel 24-25)  
*Gail Rubin – Yoga Instructor*
  - Blessing Ceremony (Holcomb Foyer)  
*Karen Waconda-Lewis – Native Healer*
- 9:30-9:40 Break
- 9:40-10:15 Patient and Family Communication in Serious Illness (Patio/Chapel 24-25)  
*Bob Stice, LPCC – Therapist*
- 10:20-10:55 Caring for the Caregiver (Patio/Chapel 24-25)  
*Bob Scanlon – Presbyterian Healthcare Services*
- 10:55-11:10 Break
- 11:10-11:45 Moving From Surviving to Thriving (Patio/Chapel 24-25)  
*Adele Frances, MA – Former Life Coach & 15-Year Cancer Survivor*
- 11:45-12:00 Closing Remarks (Patio/Chapel 24-25)  
*Blair Larson – Cancer Services of New Mexico*

***The Fall 2011 Family Cancer Retreat is made possible by the following supporters***

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NM Department of Health  
Northern New Mexico Health Grant Group  
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**In-Kind**

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Cancer Services of New Mexico  
P.O. Box 51735  
Albuquerque, NM 87181-1735

Phone: (505) 259-9583  
Email: [info@CancerServicesNM.org](mailto:info@CancerServicesNM.org)  
Website: [www.CancerServicesNM.org](http://www.CancerServicesNM.org)