



Cancer Services of New Mexico's

# FALL 2010 FAMILY CANCER RETREAT



A free educational program  
for New Mexico's adult cancer patients/survivors  
and the family members and loved ones who care for them

September 24-26, 2010  
Glorieta, NM  
(18 miles from Santa Fe)

APPLICATION PACKET

# Cancer Services of New Mexico's Fall 2010 Family Cancer Retreat

## Overview

The Fall 2010 Family Cancer Retreat will provide New Mexico's **adult cancer patients/survivors and the family members and loved ones who serve as their primary caregivers** with a weekend of education, reflection, and rejuvenation in a relaxing and beautiful environment.

The retreat **will focus on educating participants on the process of surviving**, from the difficulties of handling the initial diagnosis, through coping with therapy, through a variety of medical and social topics relating to at-home care and the emotional issues associated with surviving.



## The Program

During the weekend, we will intersperse lectures and discussions on a variety of cancer-related topics with fun activities that provide a break from the day-to-day challenges of living with cancer.

Planned educational sessions include:

- Choosing the Best Treatment/Clinical Trial
- New Developments in Cancer Treatment
- "Ask the Oncologist" Panels
- Coping with Treatment-Related Side Effects
- Accessing Cancer-Related Info on the Internet
- Patient and Family Communication
- Talking with Kids About Cancer
- Caring for the Caregiver
- Integrating Complementary & Traditional Therapies
- Pain Management and Hospice Services
- Cancer-Related Legal and Insurance Issues
- You've Completed Treatment – Now What?
- Moving from Surviving to Thriving
- Meditation, Yoga, and Creativity Workshops

The retreat will also provide participants with the opportunity to spend time with each other in informal sessions,



speaking with and learning from others who are coping with some of the same issues that they are.

Supervised child care and recreational activities will be provided for children and teens during the educational sessions.

## Logistics and Fees

The program will be held from September 24-26, 2010, at the LifeWay Glorieta Conference Center in Glorieta, New Mexico (approximately 18 miles from Santa Fe).

**There is no charge to participate in the retreat** — the entire program, including meals, lodging, and all educational activities is provided at **no cost** to participants. However, **space is limited so we encourage interested families to apply as early as possible**. For more information, please contact Mike Capeless at (505) 239-4239, or go to our website — [www.CancerServicesNM.org](http://www.CancerServicesNM.org).



# Cancer Services of New Mexico's Fall 2010 Family Cancer Retreat

## Application Process

To start the application process, please complete the attached Application Form and return it to

Fall 2010 Family Cancer Retreat  
Cancer Services of New Mexico  
P.O. Box 51344  
Albuquerque, NM 87181-1344

Our facilities can accommodate **up to four people per family**, sharing a hotel room with a private bathroom. Participants must be New Mexican residents, and may include:

- One adult cancer patient/survivor;
- One adult family member or loved one who has served as their primary caretaker; and
- Two additional family members

If these arrangements will not meet your family's requirements, please contact us **before** returning your application to discuss how we might accommodate you.

***Once we receive your Application Form, we will review it closely and get back to you within a few weeks to let you know if we will be able to accommodate your family this Fall.*** If so, we will send you a registration packet containing a variety of materials, including a detailed agenda, participant information forms, physician consent form, medical/liability waiver form, and a map.

If you have any questions, please contact us at (505) 239-4239 or [info@CancerServicesNM.org](mailto:info@CancerServicesNM.org).

We look forward to reviewing your application!

***The Fall 2010 Retreat Planning Committee***



# Fall 2010 Family Cancer Retreat Application

Please provide **all** requested information for all participants. This information will be kept confidential to Cancer Services of New Mexico. Return completed form to Cancer Services of New Mexico, P.O. Box 51344, Albuquerque, NM 87181-1344, or via fax to (505) 266-3712. Questions? Call Mike at (505) 239-4239.

## Adult Cancer Patient/ Survivor Information

Full Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone # \_\_\_\_\_ Email address \_\_\_\_\_

Alternate Phone # (work/cell/other) \_\_\_\_\_

M \_\_\_ F \_\_\_ Date of Birth \_\_\_\_\_

Type of Cancer \_\_\_\_\_ Date of Diagnosis \_\_\_\_\_

Oncologist's Name\* \_\_\_\_\_ Oncologist's Phone # \_\_\_\_\_

Briefly describe your current treatment regimen:

Has your family attended a previous Family Cancer Retreat?

No  Yes - Date(s): \_\_\_\_\_

## Adult Caretaker Information

Full Name \_\_\_\_\_

Home Phone # \_\_\_\_\_ Email address \_\_\_\_\_

Alternate Phone # (work/cell/other) \_\_\_\_\_

M \_\_\_ F \_\_\_ Date of Birth \_\_\_\_\_

Relationship to Cancer Patient/ Survivor \_\_\_\_\_

## Other Family Members Participating

1. \_\_\_\_\_  
Full Name \_\_\_\_\_

M \_\_\_ F \_\_\_ Date of Birth \_\_\_\_\_

Relationship to Cancer Patient/ Survivor \_\_\_\_\_

2. \_\_\_\_\_  
Full Name \_\_\_\_\_

M \_\_\_ F \_\_\_ Date of Birth \_\_\_\_\_

Relationship to Cancer Patient/ Survivor \_\_\_\_\_

How/where did you get this application?

### Please read and sign:

In making this application for Cancer Services of New Mexico's Fall 2010 Family Cancer Retreat, I state that the foregoing information is complete and accurate to the best of my knowledge. I authorize my oncologist and/or his representatives to release information regarding my ability to participate in the Fall 2010 Family Cancer Retreat to Cancer Services of New Mexico or its agents and employees. I release from all liability all individuals and organizations that provide information about me regarding this application.

Print Adult Cancer Patient/ Survivor Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

\* Prostate cancer patients/survivors may provide the name/phone # of their urologist.

## Thanks to Our Supporters! (as of 5/3/10)

The Fall 2010 Family Cancer Retreat is made possible by grants and contributions from many generous supporters:

### **Diamond Level:**



### **Platinum Level:**

**Northern New Mexico Health Grant Group**  
*A joint project of the Los Alamos Medical Center Auxiliary  
and Con Alma Health Foundation*

### **Gold Level:**



### **Silver Level:**



### **In-Kind:**



*Use of LifeWay Glorieta Conference Center for this conference does not imply alignment with or endorsement by any Southern Baptist group.*

## About Cancer Services of New Mexico

Cancer Services of New Mexico is an independent, non-profit, organization that provides services to reduce cancer suffering for New Mexico's families. We work closely with other cancer services providers to ensure coordination and avoid duplication of effort. We are the only statewide non-profit organization that looks broadly at addressing gaps in cancer-related services while maintaining a 100% focus on New Mexico.



For more information about our Family Cancer Retreats, or about our other programs, please contact us!

Cancer Services of New Mexico  
P.O. Box 51344  
Albuquerque, NM 87181-1344

Phone: (505) 259-9583  
Email: [info@CancerServicesNM.org](mailto:info@CancerServicesNM.org)  
Website: [www.CancerServicesNM.org](http://www.CancerServicesNM.org)