Cancer Services of New Mexico’s

FALL 2017
FAMILY CANCER RETREAT

A free educational program for New Mexico’s adult cancer patients/survivors, their family members and loved ones who care for them

September 8-10, 2017
Marriott Pyramid North Hotel
Albuquerque, NM

APPLICATION PACKET
Overview

The Fall 2017 Family Cancer Retreat will provide New Mexico’s adult cancer patients/survivors, their family members and loved ones who serve as their primary caregivers with a weekend of education, reflection, and rejuvenation in a relaxing and nurturing environment.

The retreat will focus on educating participants on the process of surviving cancer. Topics covered will range from the difficulties of handling the initial diagnosis, through coping with therapy, through a variety of medical and social topics relating to at-home care and the emotional issues associated with surviving.

The retreat will also provide participants with the opportunity to spend time with each other in informal sessions, speaking with and learning from others who are coping with similar issues.

Supervised child care and recreational activities will be provided for children and teens during the educational sessions.

Logistics and Fees

The program will be held from September 8-10, 2017 at the Marriott Pyramid North hotel in Albuquerque, New Mexico.

There is no charge to participate in the retreat — the entire program, including meals, lodging, and all educational activities is provided at no cost to participants. However, space is limited so we encourage interested families to apply as early as possible. For more information, please contact Mike Capeless at (505) 239-4239, or go to our website — www.CancerServicesNM.org.

The Program

During the weekend, we will intersperse lectures and discussions on a variety of cancer-related topics with fun activities that provide a break from the day-to-day challenges of living with cancer.

Planned educational sessions include:

- Patient and Family Communication
- New Developments in Cancer Treatment
- “Ask the Oncologist” Panels
- Coping with Treatment-Related Side Effects
- Genetic Testing: What Does it Really Tell You?
- Screening and Detection for Cancer Survivors
- Talking with Kids About Cancer
- Caring for the Caregiver
- Healing Bridges: Integrative Medicine, Oncology, and Acupuncture
- Myth Busters: Cancer Pain, Palliative Medicine and Hospice
- Cancer-Related Legal and Insurance Issues
- Practical Tips for Staying Out of the Hospital
- Moving from Surviving to Thriving
- Meditation, Yoga, T’ai Chi Chih, and Creativity Workshops
Application Process

To start the application process, please complete the attached Application Form and return it to:

Fall 2017 Family Cancer Retreat
Cancer Services of New Mexico
P.O. Box 51344
Albuquerque, NM 87181-1344

Our facilities can accommodate up to four people per family, sharing a hotel room with a private bathroom. Participants must be New Mexico residents, and may include:

- One adult cancer patient/survivor;
- One adult family member or loved one who has served as their primary caretaker; and
- Two additional family members or friends

If these arrangements will not meet your family’s requirements, please contact us before returning your application to discuss how we might accommodate you.

Once we receive your Application Form, we will review it closely and get back to you within a few weeks to let you know if we will be able to accommodate your family. If so, we will send you a registration packet containing a variety of materials, including a detailed agenda, participant information forms, physician consent form, medical/liability waiver form, and a map.

If you have any questions, please contact us at (505) 239-4239 or info@CancerServicesNM.org.

We look forward to reviewing your application!

The Fall 2017 Retreat Planning Committee
Please provide all requested information for all participants. This information will be kept confidential to Cancer Services of New Mexico. Return completed form to Cancer Services of New Mexico, P.O. Box 51344, Albuquerque, NM 87181-1344, or via fax to (505) 266-3712. Questions? Call Mike at (505) 239-4239.

Adult Cancer Patient/Survivor Information

Full Name

Address

City State Zip

Home Phone # Email address

Alternate Phone # (work/cell/other)

M____ F____ Date of Birth__________

Type of Cancer

Date of Diagnosis

Oncologist’s Name* Oncologist’s Phone #

Briefly describe your current treatment regimen:

Has your family attended a previous Family Cancer Retreat?

☐ No ☐ Yes - Date(s):________________

* Prostate cancer patients/survivors may provide the name/phone # of their urologist.

Other Family Members/Friends Participating

1. Full Name

M____ F____ Date of Birth__________

Relationship to Cancer Patient/Survivor

2. Full Name

M____ F____ Date of Birth__________

Relationship to Cancer Patient/Survivor

How did you learn about this program?

Where did you get this application?

Please read and sign:
In making this application for Cancer Services of New Mexico’s Fall 2017 Family Cancer Retreat, I state that the foregoing information is complete and accurate to the best of my knowledge. I authorize my oncologist and his/her representatives to release information regarding my ability to participate in the Fall 2017 Family Cancer Retreat to Cancer Services of New Mexico or its agents and employees. I release from all liability all individuals and organizations that provide information about me regarding this application.

Print Adult Cancer Patient/Survivor Name

Signature Date
Thanks to Our Supporters! (as of 5/29/17)

The Fall 2017 Family Cancer Retreat is made possible by grants and contributions from many generous supporters:

Platinum Level:

Gold:

University of New Mexico
Comprehensive Cancer Center

Silver:

In Memory of
SGM Marc W. Griffin, US Army

In-Kind:

About Cancer Services of New Mexico

Cancer Services of New Mexico is an independent, non-profit, organization that provides services to reduce cancer suffering for New Mexico’s families. We work closely with other cancer services providers to ensure coordination and avoid duplication of effort. We are the only statewide non-profit organization that looks broadly at addressing gaps in cancer-related services while maintaining a 100% focus on New Mexico.

For more information about our Family Cancer Retreats, or about our other programs, please contact us!

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